

## ABOUT THE COVER DESIGN FOR *WINDOWS TO MY SOUL*



This Indian pottery design was created by the prehistoric Mimbres Indians who lived about 1000-1200 A.D. in what is now southwestern New Mexico.

The Mimbres were hunters, gatherers, and subsistence farmers. Their pottery, which was almost exclusively black-on-white, tells of the animals and activities that filled their lives.

The majority of Mimbres pots have been found in burial sites. Many of these pots had been deliberately “killed” by striking a hole in the bottom of the pot, as if to provide a window, so when placed over the head of the deceased it permitted the dead one’s soul to escape to the spirit world.

I did not want to wait for death to find my soul and my way to the spirit world. This design seems to personify my search for my soul. The outer rim is lined with arch-like windows through which I gather the light to illuminate my way. The cloverleaf center is the seat of the soul, and between the two lies the labyrinth of experiences, thoughts and feelings that I must travel.